

OUR LIFE TOGETHER

Monthly Newsletter

Reaching and equipping all ages for a lifetime of following Jesus

BEING SPIRITUALLY FIT

Dear Church Family,

“For bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.” 1 Timothy 4:8

The gym where I normally go for exercise, like so many things with Covid-19, has been closed since the middle of March. I have thus been left to my own devices in order to stay fit (at least as fit as I can try to be given my years and past history with exercise!). This has led me to try to find my own way to get some much-needed exercise.

What Has Failed

One way I've tried to get some strength training is doing online videos with Jeanelle. So we watched a really-already-in-shape-couple go through exercises with weights and floor mats that we were to imitate at home. I tried. I really did! But you see I have this issue with inflexibility. As in “I can't bend like that, move like that nor stretch like that!” So my dear wife had success. I did not.

What Has Worked

What has worked better is some cardio workouts with walking and bike riding. In fact, this has been a “silver lining” with the pandemic as Jeanelle and I have had some wonderful times walking in our neighborhood, hiking in the beautiful Boise foothills and riding our bikes on the Greenbelt on these beautiful spring days. Not quite like the elliptical machine at the gym but certainly better than nothing!

A Comparison that Matters Most

As I have tried to do some physical fitness during this time (with varying results) I was reminded of the Scripture Paul wrote as to the comparison of physical exercise with spiritual exercise. You note that Paul does not dismiss physical exercise as unimportant! Indeed imagine how much exercise Paul got on those missionary journeys with all that walking. No, Paul says that physical exercise is a profit to us but only of “little profit” in comparison to the spiritual exercise of pursuing godliness (“a devotion to God that leads to a life that is pleasing to Him” - Christian author Jerry Bridges). So what matters most is that we pursue a spiritual fitness that is most profitable for us in this life and “for the life to come”.

Becoming Spiritually Fit

So what God calls us to as most important is a pursuit of those things that make us “spiritually fit”. Time in the word of God and prayer. Worship. Scripture memorization. Daily yielding to the Holy Spirit and evidencing the fruit of the Holy Spirit. Solitude with the Lord. Loving others in Jesus' name and serving the needs of those around us in othermindedness. These “exercises” are the things that will profit us the most as they make us more like Jesus. Disciplines that are our “workout” in producing the results of godliness. The great news is that these pursuits and that exercise is never closed to us. You see “God's Gym” of spiritual formation is always open!

From “Little” Profit to “Great” Profit

My gym opens up this week. I will return at some point (when it feels safe to do so). I know it will be hard to get back in the routine and I know my body will rebel as I struggle to overcome the Covid-19 spread...of my gut! But as profitable as it will be to try to get back in shape, the best pursuit and profit will come from still seeking godliness on a daily basis. To make sure that my goal is to be spiritually fit. I trust you will join me in that “workout” as we go on by God's grace through these trying times. Staying in “spiritual shape” to God's glory and our good.

Serving with you,



P.S.

Please join us starting this Sunday on our livestream service (ustickbaptist.org) at 10:30am as we begin a series of sermons on “Next Steps in Following Jesus” that are all about being in the best spiritual shape possible!

Pastor Greg Reider
Senior Pastor



SPECIAL MINISTRIES

Prayer Chain: This prayer chain is available for prayer requests concerning our church body and their immediate family. Prayer is a vital part of the Christian life and we have seen many prayers answered. If you would like to have your church family praying for you or an immediate family member, please contact the church office at 208-938-2121 (Tuesday—Friday) or secretary@ustickbaptist.org.

Helps Ministry: This ministry is under the umbrella of the Women’s Ministry here at Ustick. If you need help with meals due to illness, hospitalization, or family emergency, the women of Ustick Baptist would like to assist you through our Women’s Helps Ministry. Please contact Amy Wolin 208-412-0483.

CALENDAR OF EVENTS

Our church calendar is on our website at ustickbaptist.org. If you would like to schedule something at the church, please contact Teresa in the office at 208-938-2121 or secretary@ustickbaptist.org.

CHURCH STAFF

- Senior Pastor**
Greg Reider
pastorgreg@ustickbaptist.org
- Pastor of Care & Connections**
Mike Beaudin
pastormike@ustickbaptist.org
- Pastor of Worship**
Matt Beck
pastormatt@ustickbaptist.org
- Pastor of Discipleship**
Ryan Bear
pastorryan@ustickbaptist.org
- Pastor of Youth**
John Buren
pastorjohn@ustickbaptist.org
- Children’s Ministry Director**
Angie Jacobson
angie@ustickbaptist.org
- Administrative Assistant**
Teresa Dudley
secretary@ustickbaptist.org

ELDERS

We, the **Elders** of Ustick Baptist, want you to feel free to contact us with any concerns and cares that you have regarding our church ministries or with any questions. Our role is to oversee the church ministries and to pray for the needs of this body. Please feel free to contact us as we serve our Lord together!
elders@ustickbaptist.org

- Chairman - Mike Veit**
- Pastor Greg 208-938-2121
- Bob Bishop 208-921-7981
- Tim Crimmins 208-954-7325
- Curt Goldgrabe 208-921-8332
- Vern Hickman 208-440-3867
- Josh Lundberg 832-263-9862
- Jon Stadlander 208-409-9614
- Mike Veit 208-860-4990

OUR LIFE TOGETHER NEWSLETTER

is available on our website at ustickbaptist.org/media



Breeze is our Church Management System for our church. It is a great tool that we use to stay connected with each other.

We rely on pictures of our congregation, especially now when we can’t gather together. Sometimes it helps to put a “face with a name” to know who is being referred to or who is on the Prayer Chain, etc.

We would love to have a picture of every member/attender in Breeze, then a *photo* directory could be printed out.

We encourage you to take a couple minutes to put your photo in your Breeze profile. If you don’t know how or would rather not do it, then email it to Teresa at secretary@ustickbaptist.org and she will add it for you.

THANK YOU!



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208-938-2121
www.ustickbaptist.org





Care & Connections Ministry Pastor Mike Beaudin

Hello UBC family!

Proverbs 17:22 says, "A joyful heart is good medicine, but a broken spirit dries up the bones." We are very excited to see you this month as we reunite on June 14, God willing! Please come with a "joyful and loving heart" to celebrate together! During these stress-filled and hard times humor is a good medicine for your heart, so here are a couple to help remind us all to "keep smiling" and "laughing", it's good medicine!



Hold these dates of **September 17-18**, on your calendar as the Legacy Grandparenting Summit 2020 is still on. Watch for more information coming soon with new options on how we will host this event as a simulcast at UBC, along with many other churches doing the same thing across our country!



Speaking of "being an "Intentional Christian Grandparent", here are two terrific grandmas doing just that with their grandchildren! First my mom, Louise, is with our son Josh on her 86th birthday just the other week! Second, my wife, Karen, is singing to our grand daughter Aliya, who is 10 months now! Wow, time sure flies!



During our "stay at home" time and while "walking our dog Belle" through our neighborhood, one day I got to see one of our UBC members, Virginia Mart, social distancing of course! She and her husband Pearl live three streets away. Please pray for her and Pearl as he is now on hospice. Thanks church family!



May God bless you richly and often!



Worship Ministry
Pastor Matt Beck



Discipleship Ministry
Pastor Ryan Bear

Hello Church Family!



My name is Jonathan Sexton. I am the Worship Intern this summer. I am so excited to be brought on for this opportunity! I have been going to Ustick for almost my whole life. I have been on our Worship Team for four years now playing drums, electric guitar and helping with A/V.

I have been asked to do this internship for a few reasons. The first reason for this internship is to help Pastor Matt with tasks such as planning worship sets and helping to schedule the Worship Team. This is also an opportunity to see what a worship pastor does as I am interested in seeing if it is a possible career path for me. The second, and the main reason I am doing this internship is to run the Worship 101 program!

Worship 101 is a great program where kids will get a chance to learn how to lead worship! We offer this program about every two years. Last year, I lead a mini Worship 101 called the Deeper Worship Experience. For the kids who participated it was a great experience culminating in a night of worship! Worship 101 will be just like this program but throughout the whole summer on Wednesday nights! Kids will be provided meals, a devotional book, music, and a great experience for the low price of just \$10! Worship 101 isn't just about music, it is about how to worship God through all art forms such as vocally, instrumentally, artistically, and technologically. We would love to have all youth (incoming 6th-outgoing 12th) participate! You can sign up on our church website; there is a link on the front page and also in the Worship Ministry section. We also need sponsors for kids to help cover the cost of the books and meals. It is only \$10 to sponsor a kid for the entire summer and give them an opportunity they never will forget! It begins **Wed., June 10 at 5:30pm.**

If you have any questions, would like to sponsor a youth, or would like to help out in any way, feel free to contact me at 208-570-3527 or jdsexton20@gmail.com!

I am truly grateful for our church congregation! I hope you stay safe and well!

In Christ,
Jonathan Sexton

W O R S H I P
1 0 1

A summer program to let youth learn how to better worship both corporately and personally
ALL YOUTH (incoming 6th grade – outgoing 12th grade) ARE WELCOME

Wednesdays in the Summer starting June 10th
Before Youth Group at Ustick Baptist Church
Sign up on ustickbaptist.org

In the movie Groundhogs Day, Bill Murray finds himself waking up to the exact same day over and over again. In many ways that is what the month of May has felt like! We are finally starting to come out of our holes and our community is waking back up. The same goes for the Young Adult ministry at our church. We continued to be Zoom warriors on Wednesday nights throughout the month of May. We have studied how to handle anxiety in the midst of uncertainty and had a “guest speaker” tour where we heard from the likes of Ravi Zacharias and Tim Keller. Moving forward I’m beyond excited to announce that **THE YOUNG ADULTS ARE MEETING IN PERSON!** We will be meeting on Tuesday nights at the Church throughout the summer (continuing to distance and follow CDC guidelines). Our Reunion BBQ will be **Tuesday, June 2 at 7pm.** We will be meeting at the UBC Grand Pavilion (aka covered area with picnic tables... grand pavilion just sounds better.)

We will begin to look at Heaven and what our hope really is! If you are a young adult, we would love to see you there!

THE WAIT IS OVER!

BBQ PARTY

UBC YOUNG ADULTS REUNION!

JUNE 2, 2020
TUESDAY, 7PM
@ UBC BACKLAWN

VOLLEYBALL, FOOTBALL, FRISBEE, FANCI FREEZ



Jr/Sr High Youth
Pastor John Buren

The other day Julie and I went grocery shopping and among other things, we bought a half gallon of milk. We got home and put the milk in the fridge, and I pulled the milk out the next day to use. To my surprise, there was a small puddle of milk underneath the container when I lifted it up. Upon inspection, I realized that the milk container had a small leak in it. I instantly thought back to how many gallons of milk I've bought in my life and how this was the first time one has ever had a leak in it. But the thought that stuck with me was how much milk a person buys in their life. Typically speaking, its a lot. We buy the same thing over and over because we keep running out. When we buy the next carton of milk, it's the same ole' milk we've always bought, not a different product. We don't need "new" milk, we need fresh milk. As we've been in quarantine mode for nearly three months, I am realizing that I miss the freshness of church. Just as one gallon of milk will not last me three months, being among the church body three months ago won't do either. We need fresh interactions. Not necessarily anything new - but the same thing, refreshed over and over. This paragraph is my appreciation for repeating good things over and over. I want to sing songs I know again, I want to read passages I've read before, I want to play familiar youth group games again. I encourage you, also, to appreciate the familiar as we slowly gather back at church. Commit to coming every time; to church, to youth group, to camp.

Boy, do we have a lot of cool things happening in the youth ministry in June. The big announcement is simply that we are gathering together again! After 19 meetings on Zoom, we finally get to meet in person starting **June 3**. I can't think of a better reunion night for the youth group than to engage in the tradition we missed out on during lock-down, Easter Bingo! We'll meet at the pavilion and play Bingo for some fantastic Easter themed prizes. After all, Christ is still risen, hallelujah!



On June 10, we'll continue meeting outside for "Game Show Night." This will be a fun night of playing familiar game show games and even winning some fun prizes, including discounts on summer camp! We'll focus on the "sure winning bet" of living for Christ. Worship 101 starts on June 10 also, head over to www.ustickbaptist.org to sign up!



The following week will be a big night for youth group, our Hawaiian Luau that serves as our graduating seniors acknowledgement night. The entire youth group will certainly miss our seniors, but we are happy they are moving on to bigger things. We'll have awesome food, games, and everyone is encouraged to dress in their favorite Hawaiian attire on **June 17 at 7pm**.



June 24 will see the youth ministry engaged in another trademark event that couldn't happen during the lock-down, our annual Students vs Adults Wiffleball Match! This will be the first time we do this event on a Wednesday night. We will have a free meal for everyone and we'd love for as many to come out as possible. Remember, this is students versus adults, not merely parents, so adults need not have a connection to the youth ministry to participate. This has always been a fun time of intergenerational fellowship.



We head out to Donnelly on **June 28**, after church, for summer camp! Faith Heights is a great place to host camp, and we will continue to take advantage of all that the camp ground has to offer, including the lake, meadow, dining hall and more. Our theme this year is "Out of Control," based on Habakkuk 3:17-18, *"Though the fig tree does not bud and there are no grapes on the vines, though the olive crop fails and the fields produce no food, though there are no sheep in the pen and no cattle in the stalls, yet I will rejoice in the Lord, I will be joyful in God my Savior."* In life we recognize that we are not and cannot be in control of everything that happens. This is a hard position to be in! At camp, we'll focus on trusting God and learn how to deal with being spectators to so many things we wish we could be in charge of. Sign up at www.ustickbaptist.org!





Children's Ministry
Angie Jacobson - Director

Matthew 16:18. I am so thankful that God has promised that He will build His church. No circumstances can change that! What a privilege to be a part of that. The other leaders and I have loved being able to meet with the 4th and 5th grade students, via Zoom, to complete the Leadership Training Class they started while we were still meeting as a Sunday School class. As a class, we have also been able to have some crazy and fun Zoom parties!



To all families with children: We are excited to be able to start gearing up toward our June 14 Reunion Sunday! We are all anxious to be together again! We are excited to be able to offer a fun and meaningful experience for the children! We will be offering Children's Church in an **OUTSIDE VBS format**. This will be during the entire morning worship service, for children who have just completed K - 5th grade. Outside is the safest place possible to offer a children's gathering and we are pretty certain that both parents and children will appreciate all the time and attention to details to create a very fun and safe atmosphere for children as they reunite with the church family.

Our theme for this VBS Sunday time will be the **Armor of God**. We have a fun and meaningful time planned with Bible lessons, crafts, games, movement to songs, science experiments and the list goes on. Everything is planned with all guidelines being followed. Each child will have their own supplies. There will be no sharing of supplies or equipment. Everything will be done in a social distancing manner, although the goal is for the atmosphere to not feel like things are socially distanced. More details will be sent by email.

Questions please contact Angie Jacobson 608-338-6298 or Amy Putman 208-861-7017.

Preschool will not officially resume at this time, but we are working on some details for options for families with preschool children. I will be contacting each one to see what will work out best for you, or feel free to contact me.

If you have not been receiving emails from me, that means I do not have your email address, please be sure to contact me. Each person should have been contacted by me a few times during this COVID journey. If you have not been contacted, I would love to be able to have your contact information so I can send you the details and be able to connect with you.



PLEASE NOTE...

UBC Family Camp has been canceled this summer due to Covid-19. We hope and pray that next June looks a lot better so we can gather together in the mountains.



GUIDELINES FOR REUNION SUNDAY, JUNE 14

Ustick Baptist Church Family!

We are planning on resuming our church worship service on **Sunday, June 14**, as we move into Stage 4 of Governor Brad Little's "Reopening Idaho". We will do our best to encourage you in following and practicing all of the recommendations from Governor Brad Little and from the CDC as best we can. We are genuinely excited to gather again as we celebrate our reunion together! We also support and understand that there are those who may not want to gather in person for a while and that is perfectly okay too. As we reunite, please be extra gracious, loving, and humble towards one another as we may have different views or responses to Covid-19. Some may want to wear a mask and others may not, but please be understanding with each other. Let these scriptures guide our thoughts and actions with one another. *"Let love be without hypocrisy. Abhor what is evil; cling to what is good. Be devoted to one another in brotherly love; give preference to one another in honor; not lagging behind in diligence, fervent in spirit, serving the Lord; rejoicing in hope, persevering in tribulation, devoted to prayer, contributing to the needs of the saints, practicing hospitality."* Romans 12:9-13

Please read the following announcements and protocols we are implementing for our church family reunion.

**Ustick Baptist Church - Reunion Sunday
June 14, 2020 - 10:30am
(Stage 4 of Governor Brad Little's
"Reopening Idaho" plan)**

KNOW THESE THINGS BEFORE YOU COME:

- **OUR SUNDAY WORSHIP SERVICE TIME** will remain at 10:30am
- **PLEASE LET US KNOW YOU ARE COMING** - In order to make sure that we have enough space for those wishing to attend an "in-person" service, we ask that you please let us know how many from your family are coming by emailing our Reunion Task Force team at secretary@ustickbaptist.org, or by calling the church office at 208-938-2121
- **STAY SAFE** - If you are sick in any way, including experiencing any symptoms that are common to the COVID-19 virus, please keep yourself and everyone else safe by remaining at home for worship
- **ONLINE SERVICE** - We will continue to offer our worship service online on Sundays at 10:30am through our website ustickbaptist.org or our YouTube channel "Ustick Baptist Church". If you miss the live-stream worship service, you can view the archived worship service online later by visiting our website or YouTube channel.
- **SUNDAY SCHOOL** - At this time, we are NOT offering any Sunday morning in-person classes for kids, students, and adults.
- **CHILDREN'S MINISTRY** - We are excited to be able to offer a fun and meaningful experience for the children! We will be offering Children's Church in an OUTSIDE VBS format. This will be during the entire morning worship service, for children who have just completed K - 5th grades. Preschool will not officially resume at this time, but we are working on some details for options for families with preschool children. Outside is the safest place possible to offer a children's gathering and we are pretty certain that both parents and children will appreciate all the time and attention to details to create a very fun and safe atmosphere for children as they reunite with the church family. More detailed information will be sent to the families of kids K-5th grades soon. Any questions please talk with Angie Jacobson.

WHEN YOU GET HERE:

- **PARKING AND ENTERING** - Please enter ONLY through the marked doors of the West and North Entrances. There will be signs to show you exactly where to enter the building.
- **FACE COVERINGS** – "OPTIONAL": During stage 4, we are not asking or promoting attenders to wear a face mask. If you feel that you want or need to do that, please know that is absolutely okay. If you do, we recommend that you bring your own mask. However, if you do not have a face mask, we will have a disposable one for you to use. Note: the CDC says children 2 and under should not wear face masks.
- **USHERS/GREETERS** - We will be happy to serve you by opening the exterior doors as you arrive and depart the facility, or we will keep the West and North double doors propped open.
- **DISTANCE** - Please help us by maintaining appropriate distance from other people who have chosen to attend. Our church pews will be marked and sectioned. Ushers will seat you.
- **HAND SANITIZER** - We'll have hand sanitizer readily available and our ushers/greeters will assist you as you enter, so we encourage you to use it as you both enter and exit the building.

...over

- **SEATING** - Every person or household will be seated by a volunteer usher in the sanctuary so that everyone is properly distanced (similar to a wedding).
- **BULLETINS and BIBLES** - We will not be providing paper Bulletins for now, announcements will be on the brand new BIG screen and on our website. Bibles, Hymnals and the cards/forms that are usually in the pews will also not be available for now. All lyrics and Bible verses will be on the new BIG screen.
- **SEATING** - Every person or household will be seated by a volunteer usher in the sanctuary so that everyone is properly distanced (similar to a wedding).
- **GREETING** - Please refrain from shaking hands and hugging. We'll step away from our typical greeting time for a season. Waving or head nods should take the place of hand shaking for the foreseeable future.
- **COFFEE** - We will not be serving any coffee or food until further notice. Pastor Greg may cry. 😊
- **BUILDING** - We will only have access to the sanctuary, side lobby areas, and the bathrooms. The rest of the building, including the upstairs, will be unavailable for use, so please plan accordingly.

AS YOU LEAVE:

- **DISMISSAL** - We (our Ushers) will dismiss you row by row to ensure social distancing (similar to a wedding). Please be patient with a joy filled attitude! Remember, we get to be back in church! **TOGETHER! PTL!**
- **TITHES & OFFERINGS** - We will not be passing the offering plate. Instead, we have offering boxes installed at our Sanctuary entrances where you can worship through giving. Or you may continue to give online as well.
- **DEPARTING** - We LOVE you all and we're going to be **THRILLED** to see you again! But we'll kindly ask you to exit the building in good measure and to not gather in groups as you exit the church in the parking lot. Thank you!
- **SANITIZING** - We'll sanitize the building after our worship service.

Please feel free to reach out with questions or concerns.

In Christ,
The RTF (Reunion Task Force), UBC Staff and Elders

ELEVATOR PROGRESS



**Our prayers may be awkward.
 Our attempts may be feeble.
 But since the power of prayer
 is in the One who hears it
 and not in the one who says it,
 our prayers do make a difference.**

—Max Lucado



Ustick Baptist Church



ustickbaptist.org



UstickBaptistChurch

Call or email our church office: 208-938-2121 | secretary@ustickbaptist.org
and provide your email to receive all-church communication from us

NEEDS MINISTRY

UBC Family! As COVID-19 pandemic continues on, know that there are needs that will arise. We have a **NEEDS MINISTRY**, led by one of our Elders, Tim Crimmins, to help meet these needs. Below is a flow chart that Roger Baker, one of our Deacons, made to show how this practically works.

Roger writes, *“It is how we might better respond to the growing number of financial, physical and spiritual needs in our church family, and even perhaps our neighbors who live on the same street where we live. We were reminded that it’s so easy to just ‘Do Church’ on Sunday and forget that our lives are supposed to reflect our faith throughout the week. John reminds us in John 13:35 ‘By this all men will know that you are My disciples, if you have love for one another.’”*

This team, would like to encourage our church family to share any needs they have, or that they are aware of with Teresa Dudley at secretary@ustickbaptist.org, a Deacon, or a Deaconess, and then those needs will be sent to the Deacons, and they will act as a clearing house and direct those needs to the appropriate party. If you have any questions or would like to volunteer in serving on this ministry team, just ask Pastor Mike Beaudin, Tim Crimmins, Dave Moulin, Mary Gray, Roger Baker, or Steve Odell.

Thank you and God bless you richly!

Resources for you are available on our website at ustickbaptist.org

-How Can We Help Each Other

-Hey Neighbor Form

USTICK BAPTIST CHURCH - NEEDS MINISTRY FLOW CHART

Elder Board Approved Flow Chart Dated 4/30/2020

